School, work, and simply managing everyday demands can feel overwhelming. It can be even more challenging when you have a chronic health condition. Join us in a space where you can meet other students who may validate, encourage, and understand your experiences.

This group will meet on the 2nd and 4th Fridays of each month from 12:30-1:30 pm starting on February 11th through April 22nd.

For questions please contact Marie Adams at marie-adams@uiowa.edu.

This support group is a collaboration between University Counseling Service and Student Disability Services.

Zoom Information
Meeting ID: 988 7859 0645
Passcode: 834976

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact SDS in advance at 319-335-1462.