



Internship Training Program Accredited  
by American Psychological Association

**University Counseling Service**

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counseling.studentlife.uiowa.edu

## Authorization to Provide Psychological Services

University Counseling Service  
The University of Iowa

My son or daughter is either a minor or a dependent adult and is a student at The University of Iowa. My son or daughter has applied and been accepted for ongoing services at the University Counseling Service contingent upon my authorization of the provision of such services. I hereby authorize the staff of the University Counseling Service to provide counseling and psychological services deemed appropriate and necessary to my son or daughter.

I recognize that this authorization does not permit me access to any additional information regarding my son's or daughter's counseling. Specific information regarding the nature of the counseling services provided, the date(s) of sessions, the content of sessions, or other information outside the scope of this authorization will be negotiated by myself, my son or daughter, and his or her counselor at the University Counseling Service. Release of any additional information will be authorized in a separate document which specifies the information to be released and to whom this information will be released.

I hereby authorize the staff of the University Counseling Service to provide counseling and psychological services to \_\_\_\_\_.

*(print name of student)*

The service will be provided during \_\_\_\_\_ semester, \_\_\_\_\_.

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of student

\_\_\_\_\_  
Date