Does substance abuse affect your:

- Relationships?
- Grades?
- Physical and mental health?

We’re here to help. This group provides a safe and supportive space for UI students wanting to make or considering changes in their alcohol or other drug use, with emphasis on success in academics, relationships, mental and physical health, and other goals through abstaining or reducing alcohol and other drug use.

Thursdays at 5:30PM  |  Room 214, IMU

MENTALHEALTH.UIOWA.EDU/COLLEGIATE-RECOVERY-PROGRAM