

Chronic Health Support Group



School, work, and simply managing everyday demands can feel overwhelming. It can be even more challenging when you have a chronic health condition. Join us in a space where you can meet other students who may validate, encourage, and understand your experiences.

Fridays at 11 a.m. – 12 p.m.
(except November 27th)

<https://uiowa.zoom.us/j/493006424>

For questions please contact
Heidi Schmitt, LISW at
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Counseling
Service

This support group is a collaboration between University Counseling Service and Student Disability Services.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact University Counseling Service in advance at 319.335.7294